

Nutrition Facts	
70 servings per container	
Serving size	1 Box (27g)
Amount Per Serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 140mg	<b>6%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 8g	
Includes 8g Added Sugars	<b>16%</b>
<b>Protein</b> 2g	<b>4%</b>
Vitamin D 1.2mcg	6%
Calcium 0mg	0%
Iron 2.7mg	15%
Potassium 0mg	0%
Vitamin C	15%
Thiamin	10%
Riboflavin	10%
Niacin	10%
Vitamin B6	10%
Folate 40mcg DFE (30mcg folic acid)	10%
Vitamin B12	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### INGREDIENTS:

Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed), oat fiber, maltodextrin, salt, soluble corn fiber, natural flavor, red 40, yellow 5, blue 1, yellow 6, BHT for freshness.

**CONTAINS: WHEAT INGREDIENTS.**