

Nutrition Facts

1 servings per container

Serving size 1 Container (21g)

Amount Per Serving

Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 8g Added Sugars	16%
Protein 0g	0%
Vitamin D 0.8mcg	4%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%
Thiamin	10%
Riboflavin	10%
Niacin	10%
Vitamin B6	10%
Folate 40mcg DFE (25mcg folic acid)	10%
Vitamin B12	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Milled corn, sugar, corn syrup, contains 2% or less of molasses, salt, vegetable oil (hydrogenated coconut, soybean and/or cottonseed), mixed tocopherols (vitamin E) for freshness, annatto extract color, wheat starch.

CONTAINS: WHEAT INGREDIENTS.