

<b>Nutrition Facts</b>	
70 servings per container	
<b>Serving size</b>	<b>1 1/2 Cup (42g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 300mg	<b>13%</b>
<b>Total Carbohydrate</b> 36g	<b>13%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 4g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 3mcg	15%
Calcium 0mg	0%
Iron 10.8mg	60%
Potassium 0mg	0%
Thiamin	30%
Riboflavin	30%
Niacin	30%
Vitamin B6	30%
Folate 200mcg DFE (115mcg folic acid)	50%
Vitamin B12	30%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:**

Milled corn, sugar, malt flavor, contains 2% or less of salt.