

<b>Nutrition Facts</b>	
90 servings per container	
<b>Serving size</b>	<b>1 1/3 Cup (39g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 34g	<b>12%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 13g	
Includes 13g Added Sugars	<b>26%</b>
<b>Protein</b> 2g	<b>4%</b>
Vitamin D 2mcg	10%
Calcium 0mg	0%
Iron 4.5mg	25%
Potassium 0mg	0%
Thiamin	20%
Riboflavin	20%
Niacin	20%
Vitamin B6	20%
Folate 80mcg DFE (45mcg folic acid)	20%
Vitamin B12	20%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### INGREDIENTS:

Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed), oat fiber, salt, soluble corn fiber, degerminated yellow corn flour, dried apples, apple juice concentrate, cornstarch, cinnamon, natural flavor, modified corn starch, yellow 6, wheat starch, baking soda, yellow 5, red 40, blue 1, BHT for freshness.

**CONTAINS: WHEAT INGREDIENTS.**