

Sugar Cookie

Nutrition Facts	
(Ready to Eat)	
6 Servings Per Container	
Serving Size	2 Piece
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2g	10%
Sodium 100mg	4%
Total Carbohydrate 19g	7%
Sugar 7g	
Added Sugar 7g	14%
Protein 2g	
Calcium 10mg	0%
Iron 0.7mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Chocolate Chip

Nutrition Facts	
(Ready to Eat)	
24 Servings Per Container	
Serving Size	2 Piece
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Polyunsaturated Fat 2g	
Monounsaturated Fat 1.5g	
Sodium 140mg	6%
Total Carbohydrate 19g	7%
Sugar 9g	
Added Sugar 8g	16%
Protein 2g	
Potassium 30mg	0%
Calcium 10mg	0%
Iron .9mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Oatmeal

Nutrition Facts	
(Ready to Eat)	
162 Servings Per Container	
Serving Size	2 Piece
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2g	10%
Total Carbohydrate 19g	7%
Sugar 9g	
Added Sugar 8g	16%
Protein 2g	
Potassium 40mg	0%
Iron .6mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients

SUGAR COOKIE INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS). CONTAINS 2% OR LESS OF SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), ARTIFICIAL FLAVOR, SOY LECITHIN.

CHOCOLATE CHIP INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, ARTIFICIAL FLAVOR), VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS), SUGAR, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), ARTIFICIAL FLAVOR, WHEY (MILK).

OATMEAL INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, WHEAT STARCH, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS, SUGAR, OATS, RAISINS, CONTAINS LESS THAN 2% OF: SALT, EGGS, SPICES, NATURAL FLAVORS, LEAVENING (AMMONIUM BICARBONATE, BAKING SODA), WHEY.