



NUTRITION OUTPUT FORM

ITEM NUMBER: 3321

ITEM DESCRIPTION: HOLA CHURRO 10" TRADITIONAL CHURROS - 100 CT

Nutrition Facts	
100 servings per container	
Serving size	1 churro (35g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0.2mcg	2%
Calcium 10mg	0%
Iron 0.2mg	2%
Potassium 10mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WHEAT STARCH, WATER, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, COTTONSEED OIL, PALM OIL, SOYBEAN OIL), YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: SODIUM CASEINATE, EGGS, ARTIFICIAL FLAVOR, CINNAMON, EGG WHITES, EGG YOLKS, GUAR GUM, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), MONO- AND DIGLYCERIDES, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATTY ACIDS, SALT, SOY LECITHIN, SUGAR.

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	346.843
Calories from SatFat (kcal)	62.642
Protein (g)	3.250
Carbohydrates (g)	42.162
Dietary Fiber (2016) (g)	0.454
Total Sugars (g)	0
Added Sugar (g)	0
Fat (g)	18.555
Saturated Fat (g)	6.960
Mono Fat (g)	6.632
Poly Fat (g)	2.370
Trans Fatty Acid (g)	0.163
Cholesterol (mg)	33.636
Water (g)	35.180
Ash (g)	0.907
Vitamins	
Vitamin A - RAE (mcg)	16.780
Vitamin C (mg)	0.454
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0.584
Minerals	
Calcium (mg)	20.956
Iron (mg)	0.481
Potassium (mg)	31.843
Sodium (mg)	314.945

LAST MODIFIED: 10.21.22

MODIFIED BY: Jenna Berghof

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