



Item Info

Item Number
144033

Number In Pallet
50

Item Description
Flour, Occident, Bleached 50lb

Brand
Ardent Mills

Pack Size
50lb

Product Class
Bread Flour

Country Of Origin
United States

Case UPC
049100911205

Retail UPC

PLU
51073

Mixing Instructions

Item Specifications

Gluten Free	No
Kosher	No
Organic	No
Packaging Type	Paper Sack
Unit Type	Bulk

Item Ingredients

Ing: Bleached, Enriched Flour, Malted Barley Flour, Potassium Bromate (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid). Contains: Wheat Ingredients.

Nutrition Facts

Serving Size (100g)

Servings Per Container Varied

Amount Per Serving

Calories 340

Calories From Fat 5

% Daily Value*

Total Fat 1g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 270mg 0%

Total Carbohydrate 72g 0%

Dietary Fiber 3g 0%

Sugars 2g

Protein 12g

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4