

I. RICE & CO., INC
Nutrition Label
Syrup - Banana Shake

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Nutrition Facts	
appx. 47 serving per container	
Serving size	100 g (3.5 oz)
Amount per serving	
Calories	190
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 49g	18%
Dietary Fiber 0g	0%
Soluble Fiber 0g	
Insoluble Fiber 0g	
Total Sugars 46g	
Includes 43g Added Sugars	87%
Sugar Alcohol 0g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.1mg	0%
Potassium 90mg	2%
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	