



The Sweet Taste of Tradition

GOOD FOOD, INC.

PURITY, QUALITY, AND TRADITION

**GOLDEN · BARREL
BAKING PRODUCTS**

High Fructose Corn Syrup 42

Nutrients per 100g as is (Wet Basis)

Calories	283.2 Kcal
Fat.....	0 g
Saturated Fat.....	0 g
Trans Fat.....	0 g
Cholesterol.....	0 mg
Protein.....	0 g
Carbohydrate.....	71 g
Fiber.....	0 g
Total Sugars.....	69.8 g
*Added Sugars.....	69.8 g

Minerals:

Calcium.....	0 mg
Iron.....	0 mg
Sodium.....	0.6 mg
Potassium.....	0 mg

Vitamins:

Vitamin A.....	3 IU
Vitamin C.....	0 mg
Vitamin D.....	0 mg
Niacin.....	0 mg
Thiamine.....	0 mg
Riboflavin.....	0 mg

*These added sugars are only sugars inherent to the product. We are not adding sugar to the product, but by definition these will be added sugars in a finished good containing the product.

Ingredients: High Fructose Corn Syrup

Date Issued: 06/01/20
Supersedes: 09/09/16
Revision: 4
By: Mike Obert