

Nutrition Facts

1 servings per container

Serving Size

1 bar (43g)

Amount per serving

Calories

220

% Daily Value*

Total Fat 13g 20%

Saturated Fat 8g 40%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 35mg 1%

Total Carbohydrate 25g 8%

Dietary Fiber 1g 4%

Total Sugars 24g

Protein 3g

Vitamin D 27.1iu 6%

Calcium 84.8mg 8%

Iron 1.5mg 8%

Potassium 154.9mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HERSHEY'S Milk Chocolate Bar

Nutrition Facts

1 servings per container

Serving Size

1 bar (41g)

Amount per serving

Calories

210

% Daily Value*

Total Fat	14g	18%
Saturated Fat	7g	33%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	25mg	1%
Total Carbohydrate	22g	8%
Dietary Fiber	2g	6%
Total Sugars	19g	
Added Sugars	17g	33%
Protein	4g	
Vitamin D	1.0mcg	2%
Calcium	85.0mg	6%
Iron	1.0mg	8%
Potassium	170.0mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HERSHEY'S Milk Chocolate Bar with Almonds

Nutrition Facts

1 servings per container

Serving Size

1 package (42g)

Amount per serving

Calories

210

% Daily Value*

Total Fat 11g 14%

Saturated Fat 7g 37%

Trans Fat 0g

Cholesterol <5mg 2%

Sodium 30mg 1%

Total Carbohydrate 27g 10%

Dietary Fiber <1g 3%

Total Sugars 22g

Added Sugars 19g 38%

Protein 3g

Vitamin D 0.4mcg 2%

Calcium 60.0mg 4%

Iron 1.1mg 6%

Potassium 120.0mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

KIT KAT Milk Chocolate Wafer Bars

Nutrition Facts

1 servings per container

Serving Size

2 package (42g)

Amount per serving

Calories

210

% Daily Value*

Total Fat 12g 16%

Saturated Fat 4.5g 22%

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 150mg 6%

Total Carbohydrate 24g 9%

Dietary Fiber 2g 6%

Total Sugars 22g

Added Sugars 20g 40%

Protein 5g

Vitamin D 0.0mcg 0%

Calcium 39.0mg 4%

Iron 1.0mg 6%

Potassium 150.0mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

REESE'S Peanut Butter Cups