

# Nutrition Facts

**Serving size** 1 bag

**Amount per serving**

**Calories 230**

**% Daily Value\***

**Total Fat** 14g **18%**

Saturated Fat 3.5g **18%**

*Trans* Fat 0g

Polyunsaturated Fat 7g

Monounsaturated Fat 3g

**Cholesterol** 0mg **0%**

**Sodium** 280mg **12%**

**Total Carbohydrate** 23g **8%**

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D 0mcg **0%**

Calcium 9mg **0%**

Iron 1mg **6%**

Potassium 508mg **10%**

Vitamin C 9mg **10%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, COTTONSEED, SOYBEAN, SUNFLOWER), SALT.