

Serving Size

Nutrition Facts

(Unprepared)

120 Servings Per Container

Serving Size **74 g**

Amount Per Serving

Calories **190**

	% Daily Value*
Total Fat 4.5 g	7%
Saturated Fat .5 g	2%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 400 mg	17%
Total Carbohydrate 32 g	11%
Dietary Fiber 1 g	4%
Sugar 2 g	
Added Sugar 0.0 g	0.0%
Protein 5 g	10%
Vitamin D 0 µg	0%
Potassium 7 mg	1%
Calcium 72.99 mg	2%
Iron 3.27 mg	1%
Vitamin A 52.76 IU	0%
Vitamin C 1.52 mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate (B1), Riboflavin (B2), Folic Acid], Water, Soybean Oil And/Or Canola Oil, Contains 2% Or Less Of: Yeast, Whole Wheat Flour, Salt, Sugar, Dough Conditioner (Calcium Sulfate, Acacia Gum, Mono- And Diglycerides, Enzymes), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Nonfat Dry Milk, Yeast Nutrients (Ammonium Sulfate, Ascorbic Acid), Calcium Propionate And Potassium Sorbate (Preservatives).
Contains: Milk, Wheat.



May Contain



Free From



Contains