

Nutrition Facts

80 servings per container

Serving size 1/4 cup (28g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 5 g **25%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 180mg **8%**

Total Carbohydrate <1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vit. D 0.4mcg 2% • Calcium 195mg 15%

Iron 0mg 0% • Potas. 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.