

GATORADE FROST GLACIER FREEZE

20 fl oz



Nutrition Facts	
1 serving per container	
Serving Size	20 fl oz (591 mL)
Amount Per Serving	
Calories	140
	% Daily Value*
Total Fat 0g	0%
Sodium 270mg	12%
Total Carbohydrate 36g	13%
Total Sugars 34g	
Includes 34g Added Sugars	69%
Protein 0g	
Potassium 80mg	0%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

WATER, SUGAR, DEXTROSE, CITRIC ACID, SALT, SODIUM CITRATE, MONOPOTASSIUM PHOSPHATE, MODIFIED FOOD STARCH, NATURAL FLAVOR, GLYCEROL ESTER OF ROSIN, BLUE 1

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Last updated on June 30, 2023.

Caffeine: 0mg

Phosphorus: 50mg

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Notes

- Product formulation, packaging and promotions may change. For current information, refer to packaging on store shelves. Information may also differ from package labels because of the limited space on some packages.
- Visit contact.pepsico.com for more information.