

Nutrition Facts

Serving Size 28g

Calories 120

	Amount	%DV*
Total Fat	10g	13
Saturated Fat	6g	30
Trans Fat	0g	0
Cholesterol	30mg	10
Sodium	200mg	9
Total Carbohydrates	1g	0
Dietary Fiber	0g	0
Total Sugars	0g	0
Added Sugars	0g	0
Protein	6g	
Vitamin D	0mcg	0
Calcium	180mg	15
Iron	.2mg	2
Potassium	30mg	0

* Percent Daily Values (DV) are based on 2,000 calorie diet.

ALLERGENS

Contains: Milk.

INGREDIENTS

Cultured Milk, Salt, Enzymes .