

1G SUGAR OR LESS[†] × 20 CALORIES OR LESS[†] × HALF THE FAT OF OTHER OAT CREAMERS¹ × NO ADDED GUMS OR OILS



UNSWEETENED OAT CREAMER

Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Contains 2% or Less of: Mineral Blend (Dipotassium Phosphate, Potassium Citrate), Natural Flavors.



VANILLA OAT CREAMER

Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).



HAZELNUT OAT CREAMER

Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).



CHILI SPICE OAT CREAMER

Oatmilk (Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Mineral Blend (Dipotassium Phosphate, Potassium Citrate).



SEASONAL CREAMERS



PISTACHIO OAT CREAMER

Oatmilk (Filtered Water, Whole Grain Oats), Pistachio Milk (Filtered Water, Pistachios), Cane Sugar, Hemp Seeds, Contains 2% or Less of: Natural Flavors, Dipotassium Phosphate.



PUMPKIN SPICE OAT CREAMER

Oatmilk (Filtered Water, Whole Grain Oats), Hemp Cream (Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Natural Flavors, Dipotassium Phosphate.



CARAMEL MACCHIATO OAT CREAMER

Oatmilk (Filtered Water, Whole Grain Oats), Hemp Cream (Filtered Water, Hemp Seeds), Cane Sugar, Contains 2% or Less of: Mineral Blend (Dipotassium Phosphate, Potassium Citrate), Natural Flavors.



COMPARE UNSWEETENED OAT CREAMER

	ELMHURST® UNSWEETENED OAT CREAMER	SO DELICIOUS® UNSWEETENED OAT CREAMER	NUTPODS® UNSWEETENED OAT CREAMER
# INGREDIENTS	5	9	10
BASE	Whole Grain Oats & Hemp Cream	Oat Flour + Sunflower Oil	Oat Flour + Sunflower Oil
ADDED GUMS	NONE	Gellan	Lecithin, Guar, Gellan
CALORIES ¹	10	20	10
TOTAL FAT ¹	0.5g	1.5g	1g
SUGAR ¹	0g	0g	0g
CARBS ¹	0g	0g	0g

COMPARE VANILLA OAT CREAMER

	ELMHURST® VANILLA OAT CREAMER	CALIFIA® VANILLA OAT CREAMER	SILK® OAT YEAH VANILLA OAT CREAMER	NATURAL BLISS® VANILLA OAT CREAMER
# INGREDIENTS	6	11	9	8
BASE	Whole Grain Oats & Hemp Cream	Whole Grain Oats + Sunflower Oil	Oat Flour + Sunflower Oil	Oat Flour + Coconut Oil
ADDED GUMS	NONE	Lecithin, Locust Bean, Gellan	Gellan	Gellan
CALORIES ¹	15	15	25	25
TOTAL FAT ¹	0.5g	1g	1g	1g
SUGAR ¹	1g	1g	4g	4g
CARBS ¹	0g	0g	0g	0g