

Nutrition Facts

100 servings per container/raciones por envase

Serving Size/tamaño por ración 1oz Drained (28g)

Amount per serving/cantidad por ración

Calories/calorías

28

% Daily Value*

Total Fat/Grasa total	0 g	0 %
saturated fat/Grasa saturada	0 g	0 %
<i>Trans Fat</i>	0 g	
Cholesterol/colesterol	0 mg	0 %
Sodium/sodio	31 mg	1 %
Total carbohydrate	6 g	6 %
Dietary Fiber/fibra dietetica	1 g	1 %
Total Sugar/azucars	4 g	
Includes 1 g Added Sugars/azucars adicionados		1 %
Protein/proteina	1 g	
Vitamin D/vitamina D	0 mcg	0 %
Calcium/Calcio	0 mg	0 %
Iron/hierro	1 mg	4 %
Potassium/potasio	306 mg	9 %

*The % daily Value (DV) tell you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.