



Description: Sometimes known as Turtle beans, Black beans are medium to small, oval-shaped beans with a shiny black coat. They have a small, white eye or spot called a “keel.” Black beans have a creamy white interior.

Ingredients: BLACK BEANS

Allergen Information: Black beans do not contain allergens.

Country of Origin: USA or Canada

Storage: Store beans in a sealed package or airtight container in a cool, dry place.

Packaging:

50 lb. polywoven bag

Lot Code Interpretation/Date of Packaging:

JJJYY- where JJJ is the Julian date of the year and YY is the last 2 digits of the year.

Kosher Status: Kosher Pareve -Orthodox Union.

Identified Hazards: Metro Commodities, Inc. hereby notifies Customer, pursuant to 21 CFR 117.136, that products supplied are not processed to control microbiological pathogens and are not ready to eat or suitable for use in ready to eat applications without further processing. This notification applies to all products and will remain in effect unless notified in writing by Metro Commodities, Inc.

Physical Characteristics:

Moisture	18.0% Maximum
Total Defects	2.0% Maximum
Total Damage	2.0% Maximum
Foreign Material (naturally occurring)	0.5% Maximum, including maximum 0.5% stones
Contrasting Classes	0.5% Maximum
Classes that Blend	5.0% Maximum

Nutrition Facts

About 483 servings per 50 lb. bag
Serving Size ¼ cup dry (47g)

Amount per serving

Calories **150**
% Daily Value*

Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 7g	25%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 9g

Vitamin D 0mcg	0%
Calcium 54mg	4%
Iron 2mg	10%
Potassium 650mg	15%

* The % Daily Value (DV) tells you how much a Nutrient in a serving of food contributes to a daily Diet. 2,000 calories a day is used for general nutrition advice.