

Nutrition Facts

30 Servings Per Container

Serving size 1/3 cup (53g)

Makes 12 fl oz (360 mL)
when mixed as directed

Amount per serving

Calories **230**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 170mg **7%**

Total Carbohydrate 40g **15%**

Dietary Fiber 0g **0%**

Total Sugars 24g

Includes 19g Added Sugars **38%**

Protein 4g

Vitamin D 0mcg 0%

Calcium 128mg 10%

Iron 0mg 0%

Potassium 288mg 6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.