



Southwest Egg Rolls

**Filled With All White Meat
Chicken, Spinach, Corn, Black
Bean, Bell Pepper, Jalapeño and
American Cheese Blended with a
Southwest Seasoning.**



SERVING SUGGESTIONS

- **Cut On Bias With Your Favorite Dipping Sauce**
- **Place Whole In Wax Paper Bag To Go**
- **3 Ounce Portion Size**
- **Great Appetizer Item**
- **Dippable In Any Side Sauce**
- **Great Flavor In Appetizer Size**
- **Crispy Egg Roll Skin**
- **Able To Be Deep Fried, Air Fried, or Baked**

Southwest Egg Rolls

KEEP FROZEN

HEATING INSTRUCTIONS

Deep Fryer 350°F

Conventional Oven 400°F

Frozen 6-7 min
Thawed 4 min

8-9 min, each side

Airfry: Frozen 400°F – 12-14 minutes

Heat to Internal Temperature of 165°F



Southwest Style Egg Rolls

INGREDIENTS:

FILLING: Cooked Chicken, Shredded Cheese (Milk, Cream, Water, Sodium Phosphate, Salt, Cheese Culture, Enzymes, Lactic Acid), Corn (Corn, Water, Salt), Bell Pepper, Spinach, Black Bean, Jalapeno (Sliced Jalapeno Pepper, Water, Vinegar, Salt And Trace Of Calcium Chloride), Modified Food Starch, Southwest Style Seasoning (Salt, Dehydrated Garlic, Onion Powder, Modified Food Starch, Spice, Paprika, Sugar, Chili Powder [Chile Pepper, Salt, Cumin, Oregano, Garlic Powder], Natural Flavor, Not More Than 2% Silicon Dioxide Added To Prevent Caking), Xanthan Gum

CRUST: (Wheat Flour [Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour, Potassium Bromate], Water, Corn Starch, Salt, Ascorbic And Citric Acid as Antioxidant, Potassium Sorbate As Preservative, FdD&C Yellow #5 & #6)

Allergens: Wheat, Milk, Soy, Egg

Nutrition Facts

1 servings per container

Serving size 1pc (3 oz/ 85g)

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 1.5g **8%**

Trans Fat 0g **0%**

Cholesterol 20mg **7%**

Sodium 310mg **13%**

Total Carbohydrate 21g **8%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 104mg **8%**

Iron 1.44mg **8%**

Potassium 188mg **4%**

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.