Nutrition Facts

About 5 servings per container Serving size 3 Donuts (53g)

Amount per serving Calories

230

% Daily	Value*
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 200mg	9%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 14g Added Sugars	28%
Protein 2g	
Annual Control of the	
Vitamin D 0mcg	0%
Calcium 0mg	0%
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^{*}The % Daily Value (DV) tells you how much a nutrient in *a serving of food contributes to a daily diet. 2,000 calories *a day is used for general nutrition advice.



INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE OR REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, DEXTROSE, SUGAR, CORNSTARCH, SOYBEAN OIL, GLYCERIN, CONTAINS 2% OR LESS: NONFAT DRY MILK, DEFATTED SOY FLOUR, COLOR (TITANIUM DIOXIDE, ANNATTO AND TURMERIC), SODIUM ACID PYROPHOSPHATE, BAKING SODA, EGG YOLK, PRESERVATIVE (CALCIUM PROPIONATE, SORBIC ACID, SODIUM PROPIONATE, POTASSIUM SORBATE, NATAMYCIN), SODIUM ALUMINUM PHOSPHATE, SALT, NATURAL AND ARTIFICIAL FLAVOR, MONO AND DIGLYCERIDES, DEXTRIN, SOY LECITHIN, CITRIC ACID, ENZYMES, GUAR GUM, CELLULOSE GUM, KARAYA GUM. CONTAINS EGG, MILK, SOY, WHEAT. CONTAINS BIOENGINEERED FOOD INGREDIENTS.

