



28518 - PINEAPPLE CHK MG3 1/20# IQF

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.

Brand: DOLE



Nutrition Facts

65 servings per container

Serving size 1 CUP (140g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 22g **7%**

Dietary Fiber 2g **8%**

Total Sugars 18g

Includes g Added Sugars **0%**

Protein <1g

Vitamin D % • Calcium 0mg 0%

Iron 0.36mg 2% • Potassium 190mg 6%

Vitamin A 0IU 0%

Vitamin C 156mg 260%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Pineapple

Case Specifications

GTIN	10071202285189	Case Gross Weight	22 LB
UPC		Case Net Weight	20 LB
Pack Size	1 / 20LB	Case L,W,H	15.99 IN, 11.46 IN, 7.18 IN
		Cube	0.76 CF
Tie x High	10 x 9		

Preparation and Cooking

Ready to Eat, Thaw

Serving Suggestions

"Pineapple chunks are ideal for salads, stir-fry, desserts and beverages. "

Product Features and Benefits

- High Quality Fruit
- Trusted Brand Name
- Washed, Prepped & Ready-to-Use
- 100% Usable Fruit, Zero Product Waste
- kosher

Packaging and Storage

Keep frozen. Store at 0F or below at all times.

Allergens

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Mustard or Mustard Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives