



06411 - MX BERRY 2/5# DOLE ZIP

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.

Brand: DOLE



Nutrition Facts

16 servings per container

Serving size 1 cup (140g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 17g 6%

Dietary Fiber 5g 18%

Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0% • Calcium 30mg 2%

Iron 0.9mg 4% • Potassium 180mg 4%

Vitamin C 29mg 35%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Strawberries, Blackberries, Blueberries, And Raspberries.

Case Specifications

GTIN	10071202064111	Case Gross Weight	11 LB
Pack Size	2 / 5LB	Case Net Weight	10 LB
		Case L,W,H	11.31 IN, 10.31 IN, 6.63 IN
Tie x High [Total]	16 x 10 [160]	Cube	0.45 CF

Preparation and Cooking

Ready to Eat

Serving Suggestions

Create a sweet and refreshing Mixed Berry Sangria or use as an addition to sauces, yogurt, pies, pancakes and other baked goods.

Product Features and Benefits

- High Quality Fruit
- Trusted Brand Name
- Washed, Prepped & Ready-to-Use
- 100% Usable Fruit, Zero Product Waste

Packaging and Storage

Keep frozen.

Allergens

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

Nutritional Claims: Kosher PAREVE