

Nutrition Facts

Serving Size 1 brownie, 4oz (114g)

Servings Per Container 24

Amount Per Serving

Calories 500 **Calories from Fat** 250

% Daily Value*

Total Fat 28g **43%**

Saturated Fat 11g **55%**

Trans Fat 0g

Cholesterol 90mg **30%**

Sodium 180mg **8%**

Total Carbohydrate 63g **21%**

Dietary Fiber 3g **12%**

Sugars 47g

Protein 5g

Vitamin A 15% • Vitamin C 0%

Calcium 2% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4