

Nutritional Information Per 100 Grams
 CP#5 Grapefruit Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
 CP#5	100	Gram	100.00	154.96	0.02	0.01	0	0
Total			100.00	154.96	0.02	0.01	0	0

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
 CP#5	27.14	0.02	25.03	23.19	0.05	1.88	107.92	0
Total	27.14	0.02	25.03	23.19	0.05	1.88	107.92	0

Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
 CP#5	3.45	0.04	46.14	65.64	1.01	0	0	0
Total	3.45	0.04	46.14	65.64	1.01	0	0	0

CP#5
07/16/2019

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **150**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 45mg **2%**

Total Carbohydrate 27g **10%**

Dietary Fiber 0g **0%**

Total Sugars 25g

Includes 23g Added Sugars **45%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 3mg **0%**

Iron 0mg **0%**

Potassium 18mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4