

Nutritional Information Per 100 Grams
CP#30 Black Cherry Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
☐ CP#30	100	Gram	100.00	171.78	0.17	0.04	0.00	0.04
Total			100.00	171.78	0.17	0.04	0.00	0.04

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
☐ CP#30	27.52	0.12	24.08	21.59	1.89	1.84	101.77	0
Total	27.52	0.12	24.08	21.59	1.89	1.84	101.77	0

Item Name	Vit E-IU (IU)	Calc (mg)	Water (g)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)
☐ CP#30	0	6.81	62.69	0.22	19.59	62.88	0.48	0
Total	0	6.81	62.69	0.22	19.59	62.88	0.48	0

Item Name	Fol_Acid (mcg)
☐ CP#30	0
Total	0

CP#30
02/25/2019

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **170**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 65mg **3%**

Total Carbohydrate 28g **10%**

Dietary Fiber 0g **0%**

Total Sugars 24g

Includes 22g Added Sugars **45%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 7mg **0%**

Iron 0mg **0%**

Potassium 20mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4