

Nutritional Information Per 100 Grams
 CP#28Blackberry Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
CP#28	100	Gram	100.00	174.42	0.17	0.04	0.00	0.04
Total			100.00	174.42	0.17	0.04	0.00	0.04
Item Name	Carb (g)	Fib(16) (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)
CP#28	26.92	0	0.13	23.52	21.10	1.90	1.84	101.77
Total	26.92	0	0.13	23.52	21.10	1.90	1.84	101.77
Item Name	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)
CP#28	0	7.41	0.22	21.50	62.59	0.45	0	0
Total	0	7.41	0.22	21.50	62.59	0.45	0	0
Item Name	Water (g)							
CP#28	63.21							
Total	63.21							

CP#28
02/19/2020

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 21g Added Sugars	40%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 22mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	