

Nutritional Information Per 100 Grams

CP#20 Wild Berry Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
 CP#20	100	Gram	100.00	170.08	0.21	0.05	0.01	0.03
Total			100.00	170.08	0.21	0.05	0.01	0.03

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
 CP#20	25.97	0.20	22.11	19.08	0.41	2.56	102.84	0
Total	25.97	0.20	22.11	19.08	0.41	2.56	102.84	0

Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
 CP#20	9.59	0.21	67.86	63.92	0.43	0.03	0.33	0
Total	9.59	0.21	67.86	63.92	0.43	0.03	0.33	0

CP#20
04/30/2019

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **170**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 70mg **3%**

Total Carbohydrate 26g **9%**

Dietary Fiber 0g **0%**

Total Sugars 22g

Includes 19g Added Sugars **40%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0mg **0%**

Potassium 17mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4