

Nutritional Information Per 100 Grams
 CP#17 Watermelon Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	
CP#17	100	Gram	100.00	171.10	0.06	0.01	0.00	0	
Total			100.00	171.10	0.06	0.01	0.00	0	
Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	
CP#17	26.55	0	25.43	23.18	0.30	1.15	1.59	0	
Total	26.55	0	25.43	23.18	0.30	1.15	1.59	0	
Item Name	Vit E-IU (IU)	Calc (mg)	Water (g)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	
CP#17	0	8.32	64.58	0.11	0.24	15.51	0.50	0	
Total	0	8.32	64.58	0.11	0.24	15.51	0.50	0	
Item Name	Fol_Acid (mcg)								
CP#17	0								
Total	0								

CP#17
06/24/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 23g Added Sugars	45%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	