



Nutritional Information Per 100 Grams
#CP-16 Tart Apple Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ CP#16	100	Gram	100.00	174.32	0.01	0.00	0.00	0.04
Total			100.00	174.32	0.01	0.00	0.00	0.04

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ CP#16	28.58	0.04	26.21	23.77	0.03	0.00	101.79	0
Total	28.58	0.04	26.21	23.77	0.03	0.00	101.79	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ CP#16	2.45	0.03	12.73	46.71	0.14	0	0	62.91
Total	2.45	0.03	12.73	46.71	0.14	0	0	62.91

09/20/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 26g	
Includes 24g Added Sugars	50%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 0mg	0%
Potassium 13mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	