

Regal Foods
Nutrition Label
Country Sage Breakfast Sausage Seasoning 6.5 Oz

Nutrition Facts	
6.5 servings per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 1g	4%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 2240mg	97%
Total Carbohydrate 16g	6%
Dietary Fiber 7g	25%
Total Sugars 6g	
Includes 6g Added Sugars	11%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 230mg	20%
Iron 9.7mg	50%
Potassium 120mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Sea Salt, Brown Sugar, Sage, Thyme, Black Pepper, Rosemary, Nutmeg, Crushed Red Pepper