

Nutrition Facts

About 121 servings per container

Serving size 4oz (112g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 2%

Trans Fat 0g

Cholesterol 40mg 14%

Sodium 60mg 3%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Protein 22g 44%

Vitamin D 0mcg 0%

Calcium 30.62mg 2%

Iron 1mg 6%

Potassium 548mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.