



NUTRITION OUTPUT FORM

ITEM NUMBER: 40013800

ITEM DESCRIPTION: HOLA CHURROS CHURRO BUN – 50 CT

Nutrition Facts	
50 servings per container	
Serving size	1 churro (94g)
Amount per serving	
Calories	340
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.1mg	10%
Potassium 60mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	359.108
Calories from Fat (kcal)	197.523
Protein (g)	5.403
Carbohydrates (g)	33.378
Dietary Fiber (2016) (g)	0.896
Total Sugars (g)	0.859
Added Sugar (g)	0.407
Fat (g)	21.947
Saturated Fat (g)	3.250
Mono Fat (g)	5.366
Poly Fat (g)	13.100
Trans Fatty Acid (g)	0.434
Cholesterol (mg)	0.008
Water (g)	37.250
Ash (g)	1.113
Vitamins	
Vitamin A - RAE (mcg)	0.040
Vitamin C (mg)	0.007
Vitamin D - IU (IU)	0.280
Vitamin D - mcg (mcg)	0.015
Minerals	
Calcium (mg)	9.747
Iron (mg)	2.193
Potassium (mg)	62.732
Sodium (mg)	333.797

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SUNFLOWER OIL, COTTONSEED OIL, SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, AMMONIUM CARBONATE), WHEAT GLUTEN, WHEAT STARCH, SALT, CORN STARCH, SUGAR, DEXTROSE, MONOGLYCERIDES, GUAR GUM, ARTIFICIAL FLAVOR, YEAST, SOY FLOUR, NONFAT MILK.

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS BIOENGINEERED FOOD INGREDIENTS.

LAST MODIFIED: 7.21.23

MODIFIED BY: Rachel Reynolds

DOCUMENT REVISION #: 1