

Nutrition Facts Serv. size: **1 Container (150g)**,
Amount per serving: **Calories 110**, **Total Fat** 0g (0% DV), Sat.
Fat 0g (0% DV), *Trans* Fat 0g, **Cholest.** 5mg (2% DV), **Sodium** 55mg
(2% DV), **Total Carb.** 15g (5% DV), Fiber 0g (0% DV), Total Sugars 14g
(Incl. 9g Added Sugars, 18% DV), **Protein** 12g (24% DV), Vit. D (0%
DV), Calcium (10% DV), Iron (0% DV), Potas. (4% DV).

Ingredients: Cultured nonfat milk, cane sugar, water, natural flavors, fruit pectin, guar gum, locust bean gum, vanilla extract, lemon juice concentrate.

6 live and active cultures:

S. Thermophilus, L. Bulgaricus,
L. Acidophilus, Bifidus,
L. Casei, and L. Rhamnosus.