

ORIGINAL

Nutrition Facts 1 serving per container Serving size 1 Container (42g) Calories per serving 160	Amount/serving	% DV*	Amount/serving	% DV*	*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 1.5g	2%	Total Carb. 37g	13%	
	Saturated Fat 1g	5%	Dietary Fiber 2g	8%	
	Trans Fat 0g		Total Sugars 14g		
	Cholesterol 0mg	0%	Incl. 14g Added Sugars	28%	
	Sodium 220mg	10%	Protein 2g		
	Vit. D 2.1mcg 10% • Calcium 0mg 0% • Iron 4.8mg 25% • Potas. 60mg 0% Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B ₆ 20% Folate 85mcg DFE 20% (50mcg folic acid) • Vitamin B ₁₂ 20%				

INGREDIENTS: CORN FLOUR BLEND (WHOLE GRAIN YELLOW CORN FLOUR, DEGERMINATED YELLOW CORN FLOUR), **SUGAR, WHEAT FLOUR, WHOLE GRAIN OAT FLOUR, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF** VEGETABLE OIL (HYDROGENATED COCONUT, SOYBEAN AND/OR COTTONSEED), OAT FIBER, SALT, SOLUBLE CORN FIBER, DEGERMINATED YELLOW CORN FLOUR, DRIED APPLES, APPLE JUICE CONCENTRATE, CORNSTARCH, CINNAMON, NATURAL FLAVOR, MODIFIED CORN STARCH, YELLOW 6, WHEAT STARCH, BAKING SODA, YELLOW 5, RED 40, BLUE 1.

VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN D₃, VITAMIN B₁₂.

CONTAINS WHEAT INGREDIENTS.