

Nutrition Facts	
Serving size	4 Crackers (14g)
Amount Per Serving	
Calories	50
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 0.3mg	2%
Potassium 28mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

ENRICHED FLOUR (WHEAT FLOUR, CALCIUM, NIACIN, IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), PALM OIL, DRIED GARLIC, SALT, BLACK PEPPER, SPICES (PAPRIKA, MARJORAM, BASIL, OREGANO), CITRIC ACID. MAY CONTAIN MILK, SOY, SESAME, AND OTHER SOURCES OF GLUTEN (BARLEY, RYE AND OAT).

CONTAINS: WHEAT.