

Regal Foods  
Nutrition Label  
Carnival King Mustard Popcorn Seasoning 9 Oz

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| Nutrition Facts                                                                                                                                                     |                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| 216 servings per container                                                                                                                                          |                     |
| <b>Serving size</b>                                                                                                                                                 | <b>1/4 tsp (7g)</b> |
| Amount per serving                                                                                                                                                  |                     |
| <b>Calories</b>                                                                                                                                                     | <b>20</b>           |
| % Daily Value *                                                                                                                                                     |                     |
| <b>Total Fat</b> 1.5g                                                                                                                                               | <b>2%</b>           |
| Saturated Fat 0g                                                                                                                                                    | <b>0%</b>           |
| Trans Fat 0g                                                                                                                                                        |                     |
| <b>Cholesterol</b> 0mg                                                                                                                                              | <b>0%</b>           |
| <b>Sodium</b> 1370mg                                                                                                                                                | <b>60%</b>          |
| <b>Total Carbohydrate</b> <1g                                                                                                                                       | <b>0%</b>           |
| Dietary Fiber 0g                                                                                                                                                    | <b>0%</b>           |
| Total Sugars 0g                                                                                                                                                     |                     |
| Includes 0g Added Sugars                                                                                                                                            | <b>0%</b>           |
| <b>Protein</b> 1g                                                                                                                                                   |                     |
| Vitamin D 0mcg                                                                                                                                                      | <b>0%</b>           |
| Calcium 10mg                                                                                                                                                        | <b>0%</b>           |
| Iron 0.3mg                                                                                                                                                          | <b>2%</b>           |
| Potassium 30mg                                                                                                                                                      | <b>0%</b>           |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |                     |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4                                                                                                            |                     |

INGREDIENTS: Ground Mustard, Salt Powder