

Nutrition Facts

Serving Size 3 tbsp. (39g)

Amount Per Serving

Calories 110

Calories from Fat 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 27g **9%**

Dietary Fiber 7g **28%**

Sugars 1g

Protein 4g **8%**

*Percent Daily Values are based on a 2,000 calorie diet.