

# Nutrition Facts

31 servings per container

**Serving size** 1/3 Cup (51g)

**Amount Per Serving**

**Calories** 220

**% Daily Value\***

**Total Fat** 5g 6%

Saturated Fat 4.5g 23%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 115mg 5%

**Total Carbohydrate** 39g 14%

Dietary Fiber 1g 4%

Total Sugars 35g

Includes 29g Added Sugars 58%

**Protein** 4g 8%

Vitamin D 0.8mcg 4%

Calcium 130mg 10%

Iron 0.2mg 2%

Potassium 170mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

SUGAR, NONFAT DRY MILK, COCONUT OIL, CORN SYRUP SOLIDS, INSTANT BLACK TEA, DEXTROSE, HONEY GRANULES (SUGAR, HONEY), SPICE BLEND (CINNAMON, CLOVE, CARDAMOM, ANISE, GINGER), SODIUM CASEINATE (A MILK DERIVATIVE), SILICON DIOXIDE (ANTI-CAKING AGENT), MONO- AND DIGLYCERIDES, SODIUM CITRATE, SODIUM SILICOALUMINATE (ANTI-CAKING AGENT), NATURAL AND ARTIFICIAL FLAVOR, SALT, CARRAGEENAN, GUAR GUM, DARJEELING TEA, BOURBON VANILLA EXTRACT FROM MADAGASCAR.

CONTAINS MILK