

Regal Foods  
Nutrition Label  
Regal Cajun Spice

Nutrition Facts	
9200 servings per container	
Serving size	1/4 tsp (7g)
Amount per serving	
Calories	15
% Daily Value *	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	6%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.2mg	6%
Potassium 110mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Paprika, Granulated Garlic, Granulated Onion, Black Pepper, Salt, Cayenne Pepper, Ground Thyme