

[Serving Size](#)

Nutrition Facts (Prepared)

1 Servings Per Container

Serving Size **85 g**

Amount Per Serving

Calories **220**

% Daily Value*

Total Fat 1 g **1%**

Saturated Fat 0 g **1%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 450 mg **19%**

Total Carbohydrate 46 g **17%**

Dietary Fiber 1 g **5%**

Sugar 5 g

Added Sugar 4 g **8%**

Protein 8 g

Vitamin D 0 µg **0%**

Potassium 61 mg **2%**

Calcium 12 mg **0%**

Iron 3 mg **15%**

Vitamin A 0 µg **0%**

Vitamin C 0 mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Brown Sugar, Contains Less Than 2% Of Dough Conditioner (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid] Hydrolyzed Wheat Gluten And 2% Or Less Of Each Of The Following: Canola Oil, Ascorbic Acid, Enzymes, Salt), Salt (Salt, Yellow Prussiate Of Soda), Vinegar, Wheat Gluten, Yeast.