

## Broccoli Littles® (Gluten Free) 0.6oz

- 1 full serving of veggies†
- Only 9 ingredients
- Fun shapes: dinosaurs, stars, and teddy bears

### INGREDIENTS

Broccoli, Potatoes, Onions, Potato Flakes, Canola Oil, Egg Whites, Arrowroot Powder, Sea Salt, Garlic

**CONTAINS:** Eggs



### PREPARATION

**KEEP FROZEN PRIOR TO USE.** For food safety cook to an internal temperature of 165°F. **Oven / Toaster Oven (Preferred Method):** Preheat oven / toaster oven to bake at 450°F. Place Littles on an ungreased baking pan. Bake for approximately 6 minutes until browned. Carefully flip and bake for an additional 4 minutes, until heated through and browned to taste. **Skillet:** Preheat a non-stick pan over medium heat. Cook Littles for approximately 6 minutes until browned. Carefully flip and cook for an additional 3 minutes, until heated through and browned to taste.

†1 serving provides the equivalent of ½ cup of vegetables of the 2 ½ daily cups of vegetables the Dietary Guidelines recommend for a 2,000 calorie diet. Daily needs may vary depending on age, sex, and activity level.

Food Buying Guide creditable amount of vegetables: 3/8 cup other vegetables (1/8 cup dark green vegetables and ¼ cup starchy vegetables)

### Nutrition Facts

About 53 servings per container  
Serving Size 5 Littles (85g)

Amount per serving  
**Calories 130**

	% Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.2mg	0%
Potassium 250mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PACKAGING SPECS

UPC	080868020464
Case Pack*	Approx. 266/0.6oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	13.05" x 8.7" x 6.75"
Case Cube (cubic feet)	.4436
Pallet Ti/Hi	14/9
GTIN	(01)00080868020464
Country of Origin	USA, from US and foreign ingredients

\*Cases sold by weight. Piece count may vary.



**Broccoli Littles® (Gluten Free) 0.6oz**


**COOKING INSTRUCTIONS:** Must be cooked from frozen. For food safety and quality, heat to a minimum internal temperature of 165° F. **Oven:** Preheat oven to 450° F. Bake Littles® on an ungreased baking tray for 10-12 minutes, flipping half-way through.

**Contains: EGGS**

Made in a facility that uses Wheat, Soy, Sesame, and Eggs

Dr. Praeger's Sensible Foods LLC  
Elmwood Park, NJ 07407  
Made in USA

Lot # I22CJ-04A



**LBRIN**

**INGREDIENTS:** Broccoli, Potatoes, Onions, Potato Flakes, Canola Oil, Egg Whites, Arrowroot Powder, Sea Salt, Garlic

**10 lbs (4.54 kg)**



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**Keep Frozen 0°F/-18°C**