Nutrition F	acts
30 servings per container	
Serving size 1 t	psp (15g)
Amount Per Serving	
Calories	20
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 130mg	6%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a	

INGREDIENTS:

day is used for general nutrition advice.

FLYING **FISH** ROE, HIGH FRUCTOSE CORN SYRUP, SUGAR, SALT, SOY SAUCE (WATER, DEFATTED **SOYBEAN, WHEAT**, SALT), MONOSODIUM GLUTAMATE, FD&C YELLOW NO.6, FD&C RED NO.40)

CONTAINS: FLYING FISH ROE, SOYBEAN, WHEAT