

Nutrition Facts

Serving Size: 30 g

Servings Per Container: 141

Amount Per Serving

Calories 60

Calories from Fat 50

% Daily Value*

Total Fat 5 g **8%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 1120 mg **47%**

Total Carbohydrate 3 g **1%**

Dietary Fiber 1 g **4%**

Sugars 0 g

Protein 1 g

Vitamin A 0% Vitamin C 2%

Calcium 0% Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less Than		65g	80 g
Saturated Fat	Less Than		20g	25 g
Cholesterol	Less Than		300 mg	300 mg
Sodium	Less Than		2,400 mg	2,400 mg
Total Carbohydrate			300 g	375 g
Dietary Fiber			25 g	30 g