



Nutritional Information Per 100 Grams
#ART50-NS Artisan Popcorn Salted

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#50-NS	100	Gram	100.00	339.65	2.20	0.31	0.03	0
Total			100.00	339.65	2.20	0.31	0.03	0
Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#50-NS	72.93	0	72.93	72.93	0	0	0	0
Total	72.93	0	72.93	72.93	0	0	0	0
Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ ART#50-NS	0.72	0.01	0.24	1168.61	3.08	0	0	21.79
Total	0.72	0.01	0.24	1168.61	3.08	0	0	21.79

09/22/2021

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	340
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1170mg	51%
Total Carbohydrate 73g	27%
Dietary Fiber 0g	0%
Total Sugars 73g	
Includes 73g Added Sugars	150%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	