



Nutritional Information Per 100 Grams
#ART34-NS Artisan Smores Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#34-NS	100	Gram	100.00	293.56	0.05	0.03	0	0.01
Total			100.00	293.56	0.05	0.03	0	0.01

Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#34-NS	61.00	0.16	58.25	58.25	0.13	0.02	0.01	0.01
Total	61.00	0.16	58.25	58.25	0.13	0.02	0.01	0.01

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ ART#34-NS	0.81	0.17	9.15	5.75	2.14	0	0	34.29
Total	0.81	0.17	9.15	5.75	2.14	0	0	34.29

09/22/2021

Nutrition Facts	
servings per container	
Serving size	
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 61g	22%
Dietary Fiber 0g	0%
Total Sugars 58g	
Includes 58g Added Sugars	120%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 9mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	