

Nutritional Information per 100 Gams
 ART31-NS Natural Pomegranate Artisan Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#31-NS	100	Gram	100.00	314.88	0.01	0.01	0.01	0
Total			100.00	314.88	0.01	0.01	0.01	0

Item Name	Carb (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)	Pot (mg)
+ ART#31-NS	72.05	46.34	41.94	1.04	0	5.08	0.32	0.01
Total	72.05	46.34	41.94	1.04	0	5.08	0.32	0.01

Item Name	Sod (mg)	Water (g)	Ash (g)	Fib(16) (g)	Vit C (mg)
+ ART#31-NS	339.12	19.64	0.35	0.15	0.26
Total	339.12	19.64	0.35	0.15	0.26

05/01/2020

Nutrition Facts	
servings per container	
Serving size	
Amount per serving	
Calories	310
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 72g	26%
Dietary Fiber 0g	0%
Total Sugars 46g	
Includes 42g Added Sugars	80%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	