

Nutritional Information Per 100 Grams  
 ART#3-NS Artisan Chocolate Fudge Brownie Flavor

Spreadsheet

| Item Name  | Quantity | Measure | Wgt (g) | Cals (kcal) | Fat (g) | SatFat (g) | TransFat (g) | Chol (mg) |
|------------|----------|---------|---------|-------------|---------|------------|--------------|-----------|
| + ART#3-NS | 100      | Gram    | 100.00  | 323.28      | 6.92    | 4.12       | 0            | 0.00      |
| Total      |          |         | 100.00  | 323.28      | 6.92    | 4.12       | 0            | 0.00      |

  

| Item Name  | Carb (g) | TotFib (g) | Sugar (g) | SugAdd (g) | Prot (g) | VitA-IU (IU) | Vit C (mg) | Vit D-mcg (mcg) |
|------------|----------|------------|-----------|------------|----------|--------------|------------|-----------------|
| + ART#3-NS | 67.12    | 7.31       | 50.57     | 50.36      | 6.13     | 0.01         | 0.00       | 0.00            |
| Total      | 67.12    | 7.31       | 50.57     | 50.36      | 6.13     | 0.01         | 0.00       | 0.00            |

  

| Item Name  | Calc (mg) | Iron (mg) | Pot (mg) | Sod (mg) | Ash (g) | Folate (mcg) | Fol_Acid (mcg) | Water (g) |
|------------|-----------|-----------|----------|----------|---------|--------------|----------------|-----------|
| + ART#3-NS | 39.11     | 8.36      | 495.75   | 15.00    | 0.67    | 0            | 0              | 17.05     |
| Total      | 39.11     | 8.36      | 495.75   | 15.00    | 0.67    | 0            | 0              | 17.05     |

ART#3-NS

07/16/2021

| Nutrition Facts                                                                                                                                               |      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| servings per container                                                                                                                                        |      |
| Serving size                                                                                                                                                  |      |
| Amount per serving                                                                                                                                            |      |
| Calories                                                                                                                                                      | 320  |
| % Daily Value*                                                                                                                                                |      |
| Total Fat 7g                                                                                                                                                  | 9%   |
| Saturated Fat 4g                                                                                                                                              | 20%  |
| Trans Fat 0g                                                                                                                                                  |      |
| Cholesterol 0mg                                                                                                                                               | 0%   |
| Sodium 15mg                                                                                                                                                   | 1%   |
| Total Carbohydrate 67g                                                                                                                                        | 24%  |
| Dietary Fiber 0g                                                                                                                                              | 0%   |
| Total Sugars 51g                                                                                                                                              |      |
| Includes 50g Added Sugars                                                                                                                                     | 100% |
| Protein 6g                                                                                                                                                    |      |
| Vitamin D 0mcg                                                                                                                                                | 0%   |
| Calcium 39mg                                                                                                                                                  | 4%   |
| Iron 8mg                                                                                                                                                      | 45%  |
| Potassium 496mg                                                                                                                                               | 10%  |
| *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |      |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4                                                                                                      |      |