

Nutritional Information Per 100 Grams

ART#18-NS Artisan Blueberry Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	
+ ART#18-NS	100	Gram	100.00	281.78	0.16	0.05	0.05	0.30	
Total			100.00	281.78	0.16	0.05	0.05	0.30	
Item Name	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	
+ ART#18-NS	63.29	1.05	51.79	39.80	1.37	10.60	281.05	0	
Total	63.29	1.05	51.79	39.80	1.37	10.60	281.05	0	
Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)	
+ ART#18-NS	39.80	0.32	220.73	30.84	0.32	0	0	0	
Total	39.80	0.32	220.73	30.84	0.32	0	0	0	
Item Name	Pot (mg)								
+ ART#18-NS	50.17								
Total	50.17								

07/29/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	280
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 63g	23%
Dietary Fiber 0g	0%
Total Sugars 52g	
Includes 40g Added Sugars	80%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 50mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	