



Nutritional Information Per 100 Grams
AO#503 Hazelnut Organolicious

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)
AO#503	1 Serving		100.00	292.30	0	0
Total	1 Serving		100.00	292.30	0	0

Item Name	TransFat (g)	Chol (mg)	Carb (g)	TotFib (g)	Sugar (g)	SugAdd (g)
AO#503	0	0	73.55	0	66.09	66.09
Total	0	0	73.55	0	66.09	66.09

Item Name	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)
AO#503	0	0	0	0	0	0
Total	0	0	0	0	0	0

Item Name	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol-Acid (mcg)	Water (g)
AO#503	0	0	1.35		0	24.90
Total	0	0	1.35		0	24.90

AO#503
10/05/2023

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 74g	27%
Dietary Fiber 4g	14%
Total Sugars 66g	
Includes 66g Added Sugars	132%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	